



25 August 2022

## State Athletics

### Dates

- **Year 10-11 Subject Selection Session**  
Monday 29 August
- **Girls Tackle Gala Day @ Wagga**  
Tuesday 30 August
- **State Athletics Carnival @ Sydney**  
Wednesday 7 to Friday 9 September
- **Year 7 Needles**  
Thursday 8 September
- **Harden Show**  
Friday 10 and Saturday 11 September
- **Year 11 Exams**  
Thursday 15 to Monday 19 September
- **Year 12 Assembly and Formal**  
Thursday 22 September



Congratulations to Nia Raptis (Year 7) and Jayden Steele (Year 8) who have both qualified for the NSW Combined High Schools Athletics Championships which will be held at Sydney Olympic Park from the 7th to the 9th of September 2022.

Nia will be competing in Shot Put and Jayden will be competing in High Jump.

Well done to both of these students. We wish you all the best for the upcoming carnival.

**Mrs Alison Spencer - Careers Adviser/PDHPE Teacher**

# From the Principal

Hello again to our families,

The middle of the term has come and gone, and Year 12 have completed their trial exams. Reports are being written and will be handed out later this term at their graduation assembly on Thursday 22nd September. I am anticipating some good results on these final reports. To date we have now had 3 students offered placements at universities to study next year. This is a reflection on the students' ability and the support of the staff to get them to the desired level well before the HSC examinations. Congratulations to those students and we do expect more placements coming soon. Out of the 13 enrolled Year 12 students, 7 have applied for university, 2 are considering TAFE options and the rest are looking at full time work or apprenticeships. This assembly will then be followed that night with our first Year 12 formal in 2 years.

2023 Captains' speeches and elections were held this week, and I am pleased to announce that Ellie Ward and Bianca Burns have been voted in to the role of School Captains for 2023. Congratulations to them both, I know they will represent the school well.

Cooler classrooms renovations have finally begun. It has been a very long process awaiting the revised design plans and approvals, but the crew have started drilling holes everywhere to be able to install all the ducting and pipes needed to run the new system. A few months of work now to follow.

A 24KW Solar system that was approved, has now been redesigned and reapproved as well. This system will now be installed when we can get a decent break in the weather and produce enough electricity during most days to run the school.

HSC Art, Drama, and Industrial Technology students have submitted their major works for secure lock up pending the arrival of the HSC markers next week. This system is somewhat of an issue as some projects are posted away and some are left at school and locked up for 2 weeks prior to the markers' arrival. This is to ensure all students across the state finish work on the same day for fairness.

I apologise for my absences this term. After catching COVID and Whooping cough in the holidays and starting the Term late in Week 1, I then had to go to Sydney for eye surgery on both eyes and was away for another 2 weeks. All healed now and my vision is fantastic. Great surgeon and great support staff in Chatswood. I have been back at work for a couple of weeks now and slowly catching up on paperwork. No excuses now.

The school hall basketball backboards have now been strengthened and put back into use after a long break of over a year. After a major incident at a school up north 2 years ago, all public schools had to upgrade their hall basketball equipment to avoid any possible accidents. Ours was an easy fix with a couple of extra welds and some new cabling to hold it all up.

Stay warm and I hope that the sun comes out to stay soon.

**Mr Dale Rands**  
**Principal**

# Congratulations

**Congratulations** to Pheonix Daries, Austin Millar, Tayla Rowsell and Lochlan Rushton for achieving Blue Level.



**Congratulations** to Blair Porter, Ruby-Louise Griffiths and Jazmin Drew for achieving Purple Level.



**Congratulations** to Charlene Caboral for achieving Double Blue Level

# Captains' Corner

Beau and I, alongside the Student Representative Council (SRC) and Ms Buttriss, have been busy organising fundraisers for you all.

In Week 3, the SRC held a coin line fundraiser. Year groups competed against each other to see who had the longest line made up of silver coins. Without a doubt, Year 12 were the clear winners!! Altogether the school raised \$325.70 to go towards SRC funds to provide the student body with more exciting fundraisers.

In Week 8, the SRC will be holding a school disco. For this to go ahead there will need to be a minimum of 50 attending. The themes are superb singles, dynamic duos and terrific trios. We hope to see you all there to have a good time. Food and drinks will also be available on the night.

Please remember to see your SRC representative to voice your concerns. We love hearing from you.

**Beau & Chloe**  
**School Captains**





# Food Technology



Stage 5 have been busy in the kitchen in the last few weeks.

They have made delicious crepe suzettes which consisted of crepes drizzled in an orange sauce and topped with ice cream. Students had a great time perfecting the crepe flip! They also whipped up a mouth-watering chicken chow mein.

**Mr Ben Phillips**  
Hospitality and Maths Teacher





# Farm Club

Ellie Ward, April Drew and Bonnie Abnett have spent the last 6 months preparing a team of Merino wethers for competition at the 2022 NSW School Merino Challenge at Dubbo.

62 schools from across the state have gone head to head, vying to produce the highest valued Merino lamb.



## Teddy



We had a new arrival on the farm this week... Pictured here is gorgeous little Teddy with his mum QT, enjoying a rare amount of sunshine while he could.

**Mrs Jan Young**  
Head Teacher





# Work Experience

In Week 3, I got a chance to do my work experience at Murrumburrah Public School. Monday, I was with Year 1 and worked with a group of kids and helped them explain their math and English. Tuesday and Wednesday, I was with Kindergarten and they read their home readers to me. Thursday, I was with Year 2 where I watched them do their assembly dance and I had to assess their sight words. Friday, I was with Year 6. It was book week and all the staff and I dressed up as 101 Dalmation dogs.

**Chelsea Halls - Stage 5 Student**



# White Card Course

Selected [Stage 5](#) and [6](#) students successfully completed the WHS General Induction Course (White Card) on site last week.

Students can use this card on all construction sites in the future, and it is not just restricted for use during work experience and work placement.





# Trent Barrett Legends Day

MHS Students Referee at The Trent Barrett Legends Day.

Well done to the six MHS students who supported the NRL Game Development Day at Harden on Thursday 11th August - Annie Coulton, Landen Vasquez, Brody Steele, Tristan Steele, Jayden Steele and Beau Bourlet.

The Murrumburrah High students did an outstanding job of officiating the games to ensure a fantastic and safe game day experience for all participants. Well done!

**Mrs Alison Spencer**  
PDHPE Teacher



# Girls Tackle Safe Program

On Wednesday 10th August, Emma James who is our local NRL Game Development Officer, came to MHS to conduct a Tackle Safe Workshop prior to the Girls Tackle Gala Day. Boorowa Central School students joined us for the afternoon. The girls learnt about correct tackling techniques, how to run the ball and general safety on the rugby league field. The girls came away from the day feeling more confident about their abilities. A huge thank you to Emma for giving up her time and to Boorowa Central school for travelling over for the afternoon. We look forward to seeing how the girls go at the upcoming Gala in Wagga on the 30th of August where they will be combining with Boorowa Central School to make up 3 teams. Good luck girls!

**Mrs Alison Spencer**  
PDHPE Teacher





# Hayley Hambrook

In Week 4 this term, Hayley Hambrook attended the NSW Under 16 Girls CHS Rugby League selection trials, which were held at the Collegians Sports and Performance Centre in Wollongong. Over the two days she played 4 games against the Northern, Western, Sydney Gold and Sydney Red representative teams. From these games the NSW Under 16 Girls CHS team was selected.

Although Hayley was not successful in making it into the CHS team, she thoroughly enjoyed the experience and has put her name out there in the girls' rugby league scene. Hayley exclaimed that it was an awesome experience, playing with new people and developing new skills. She got to meet some of the NRLW Illawarra Dragons players and cannot wait to trial again next year in the Opens Girls division. It is wonderful seeing girls' rugby league taking off in our region and we wish Hayley all the best in her rugby league journey.

**Mrs Alison Spencer - PDHPE Teacher**



# Rory Arabin

Congratulations to Year 9 student Rory Arabin who has been selected for the Canberra Region Rugby League 2022 Under 15's Development Squad.

Canberra Region Rugby League and Canberra Raiders said that the trials were very competitive and played in good spirits.

We wish Rory the best of luck for the duration of the season.





# MHS Coin Line

The SRC needed to raise some coin for upcoming events and so it was decided a coin line would be the easiest way to get each year involved! The students brought in their silver coins over the course of Week 3. SRC reps for each year started lining the coins in IVY and well into lunch. We even had some coins added during lunch. The coins were promptly measured with a clear and outstanding winner.

The lengths were as follows:

Year 7 - 5.3m

Year 8+9 - Equal 2.25m

Year 10 - 13.2m

Year 11 - 15.5m

OUR CLEAR WINNER- YEAR 12 with an amazing 20m line!!

Thank you to our lovely office lady, Mrs Carrie Giddings who had the grueling task of sorting and counting all of the coins. We ended up raising \$325.70! A wonderful effort.

Thanks to those who participated and the contributing Year 12 students will be enjoying their sweet chocolatey treats in Week 4!

**Ms Buttriss - SRC Teacher**

# Update your details

Have your details changed? We are currently updating all of our student profiles. If you have any changes such as [name](#), [address](#), [phone number](#), [parent/carer information](#) and [medical or medications](#) could you please contact the Office so we can update your information.

# Uniform Shout Out

Do you have any school uniforms lying around that you no longer need? If so we would love to take them off your hands. We greatly appreciate any clothes that are donated to our clothing pool.

# Year 7 Needles

A friendly reminder that Year 7 students will be having their needles on Thursday the 8th of September.



## RUOK?

The Hilltops Youth Action Group are running 3 events thanks to funding from the Department of Regional NSW to run mental health awareness events.

We have guest speakers Mayor Margaret Roles and our RUOK? Day ambassador Seryn Adams to speak about mental health in the Hilltops attending the Young event. Our local gyms will be providing a mini workout and there will be a FREE sausage sizzle and care packs for young people to take home on the day.

We are hoping you can please support this event, remember, a conversation could save a life.

These events will be held right after school.



**HYAG**

GUEST SPEAKER | FREE SAUSAGE SIZZLE  
MINI WORKOUT | CARE PACK

**RUOK?**<sup>TM</sup>  
A conversation could change a life.

Harden | Tuesday 6 September | Hard Rock Gym  
Boorowa | Wednesday 7 September | Rotunda at the Park  
Young | Thursday 8 September | Carrington Park  
**3.30pm-4.30pm**

HYAG | wellways | Regional NSW | phn | headspace | HARD ROCK GYM | ANYTIME FITNESS

## Teen Workshop

By popular request Binalong CWA will be running another School Holiday workshop for teens in Year 7-12. The workshop will be fun, educational and cover topics including.

- \* Cyber safety
- \* Navigating friendships
- \* Building self esteem
- \* Healthy relationships

Please contact us for bookings and enquiries via our email [binalongcwa@outlook.com](mailto:binalongcwa@outlook.com) or speak with Liesh Cotter by contacting Murrumburrah High School on 0263 862 755.



**School holiday  
teen workshop**

**Friday 30th September**  
**9am to 3pm**  
**@ Binalong Community Club**

**\$70 per young person includes  
morning tea, lunch & resources**

Cyber safety

Building self esteem

Navigating friendships

Respectful relationships

Bookings essential via  
[binalongcwa@outlook.com](mailto:binalongcwa@outlook.com)

**Mrs Aliesha Cotter | Student Support Officer**



# 2022 Kite Festival



**f SATURDAY 8<sup>TH</sup> OCTOBER**

**10AM-4PM**  
Harden Picnic Racecourse  
Burley Griffin Way, Harden

**KITES-CARNIVAL-KRAFT**

**BIG KITES**  
*By kite flying enthusiasts around Australia*

**FREE Activities & Entertainment**

Food & Market Stalls  
Kite Decorating Workshops  
Kite Flying  
Alcohol Free Event

**TICKETED ENTRY**  
**\$2 per person**

**ALL Day Ride Pass Available**




**Wants to Meet You!**

We are looking for keen & energetic  
**LOCALS FROM OUR COMMUNITY**  
to get involved in the kite festival.

**Are you good at?**

Photography | Social Media | Administration | Sound & Audio  
Graphic Design | Working with Kids | Websites | Finance  
Promotions | Report Writing | Children's Activities | Entertainment

Our community is friendly and welcoming.  
We know there are talented, kind and amazing locals who would make a great addition to our team.

*"I love being part of the kite festival!  
It's a great opportunity to learn and grow."*

Please reach out to Lucy  
0448 255 714  
hardenkite@gmail.com

# Important Dates for Term 3

**Year 10-11 Subject Selection Session in the Library - Monday 29 August**

**Girls Tackle Gala Day @ Wagga - Tuesday 30 August**

**State Athletics Championships @ Sydney - Wednesday 7 to Friday 9 September**

**Year 7 Needles - Thursday 8 September**

**Harden Show - Friday 10 and Saturday 11 September**

**Year 11 Exams - Thursday 15 to Monday 19 September**

**Year 12 Assembly and Formal - Thursday 22 September**

# Murrumburrah High School

**Principal:**  
**Mr Dale Rands**

**Smith Street**  
**Harden NSW 2587**

**02 6386 2755**

**murrumburr-**  
**h.school@det.nsw.edu.au**

**MHS Uniform**  
**Stockist - 180**  
**Embroidery**

## **Website:**

<https://180embroidery.com>

**Contact:** Beth Allen

**Telephone:** 0435 873 420

## **Email:**

[embroidery180@yahoo.com](mailto:embroidery180@yahoo.com)

**Location:** 1 Derby Street,

Harden

Deliveries to the High School  
available.



*Preparing our students for tomorrow's challenges through learning*

# Word Search

## Full House

R	A	C	O	M	E	T	E	M	N	R	X	D	N
T	D	O	N	N	A	J	O	U	S	E	O	I	T
A	J	E	S	S	E	N	A	I	D	N	P	N	L
D	E	D	A	N	C	I	N	G	Y	A	H	K	R
S	N	O	C	S	S	T	E	P	H	A	N	I	E
E	P	D	I	T	S	T	N	S	N	R	A	N	V
N	S	Y	L	Y	T	A	C	T	S	N	S	A	Y
T	P	I	K	D	E	N	I	K	K	Y	C	C	E
A	O	M	M	E	V	S	S	D	Y	S	D	C	N
N	R	K	E	M	E	J	U	G	E	A	R	E	A
N	T	I	E	O	T	H	M	E	O	I	L	B	L
E	S	M	C	C	L	B	C	M	J	D	L	E	A
R	O	M	Y	M	I	C	H	E	L	L	E	R	X
V	V	Y	C	C	C	D	I	V	I	C	K	Y	N

NIKKY  
COMEDY  
SPORTS  
TANNER  
STEPHANIE  
JESSE  
KIMMY  
DONNA JO  
VICKY  
REBECCA  
DANNY  
JOEY  
COMET  
STEVE  
ALEX  
DANCING  
MICHELLE  
MUSIC

# Unwell or have COVID?

## Unwell / Testing

Staff and students cannot attend school if they are showing any symptoms of COVID-19. If symptoms occur at any time, your child should not attend school and should undertake a rapid antigen test (RAT).

## For positive COVID-19 cases

If a student or staff member receives a positive RAT test, they need to:

- Record the positive RAT result through the Service NSW website or Service NSW.
- Notify the school of the positive RAT or PCR test result as soon as possible.
- Follow NSW Health advice to isolate for 7 days.

## Household/close contacts attending school

Students and staff who are identified as household/close contacts and have no symptoms can attend school if they follow certain guidelines agreed with NSW Health in addition to the NSW Health guidelines;

- They must notify the school.
- They should conduct a daily RAT and return a negative result each morning before attending school for 5 school days.
- They must wear a mask indoors except when eating or exercising.