#### Murrumburrah High School

#### Principal: Mr Dale Rands





#### 2 June 2022

lates

- Zone Athletics Carnival Temora Monday 6 June
- Uni of Wollongong Excursion - Monday 6 and Tuesday 7 June
- Public Holiday
   Monday 13 June
- Stage 4 Excursion Canberra Wednesday 15 June
- Regional Cross
   Country Gundagai
   Friday 17 June
- P & C Meeting
   Monday 20 June
- Boys small school Rugby at Wagga Thursday 23 June
- Stage 4 and 5 Reports Week 10





Two Sams are better than one!

Congratulations to Sam Manwaring who has been selected for the NSW CHS All Schools swimming team where he will compete on the 3rd of June and Samantha Emms who has been selected for the NSW CHS All Schools soccer team which kicks off on the 20th and 21st of June.

We wish them both Luck!!

Principal's Peport

Hello again and welcome to Week 6 Term 2.

The weather has certainly turned colder very quickly this year. It is important for all students to be wearing full winter uniform and rugged up to stay warm. Rosie has again requested that all families remind their children to pre order any food from the canteen for break times. Very limited additional food is warm and ready to eat unless it is ordered, this avoids excessive waste. To avoid missing out on the hot food simply complete the order form and it will be hot and waiting for you at your chosen break. So easy.

Please ensure that your students are packed and prepared for classes each day. We have many students who repeatedly do not come prepared for lessons. i.e., no pens, books, calculator etc. The office has \$2 stationery packs available for purchase at breaks times. Each pack contains a red pen, blue pen, highlighter, eraser, a ruler, and a pencil. Bargain of the year. They will not be handing out stationery anymore unless purchased. If your family is struggling financially this year, please contact your student's Stage Advisor for assistance.

School photos were handed out this week along with a fresh supply of R.A.T kits. If your student has any flu like symptoms, please test them and keep them home until symptoms disappear. We have several influenza and COVID cases spreading at the moment and we need to continue to be vigilant with hand sanitising and testing. If you run out of tests, please contact the front office as we have a few spares for close contacts. Remember that a close contact can still come to school .... if they have no symptoms, test daily and wear a mask at school for 7 days.

Our new Student Support Officer (SSO) started at the school last week. Mrs Aliesha Cotter has taken on the role in a temporary capacity until years end or until the position is filled permanently. Aliesha is loving the role and working at her old school. Currently Aliesha is quite busy with all the mandatory training required for the position, but her past jobs, qualifications and experience leaves her well placed to serve our students well. We welcome her into the school and wish her all the best in her new role.

Mr Dale Rands Principal

P & C Update

Just a friendly reminder that the P & C meeting will be held on Monday the 20th of June at 6pm in the staff common room. All welcome to attend.

Platinum Award Winners

2022 – Term 2 – Congratulations to Ellie Ward, Hunter Ings, April Drew, Jayda Kelly, Evan Jakiwczyk, Brody Steele and Talai Vasquez.

It is my great pleasure to announce the following student recipients of the Platinum Level at Murrumburrah High School. Each of these students has worked hard to demonstrate their commitment to their education and their school over the last number of years. They have all had their own impact on school life and are to be congratulated.

Eleanor has been a student at Murrumburrah High School since Year 7. She is a quiet achiever who willingly puts up her hand to be involved in activities and opportunities across the school. Recently she returned from Outward Bound where she found a determination to succeed and push through.

Ellie's biggest arena for success has been through her involvement with the show team, making state paraders at the Sydney Royal Easter Show in 2022. Additionally, she has been involved in assisting with the biannual "Paddock to Plate". Ellie is attentive, punctual, always wears her uniform and demonstrates respect for her peers, and thus is a worthy recipient of this award.

Hunter is a respectful and compliant student at all times who applies herself diligently to her work in class and on the sporting field in particular. Hunter has had success in Rugby League outside of school and in league tag and touch football at school. Additionally, she has contributed to soccer, and willingly involves herself in athletics and swimming.

Hunter is an organised student who is attentive and contributes positively in class. She demonstrates respect for her peers and staff at all times. Hunter is a worthy recipient of this award.

April is a diligent and responsible student at all times who takes a mature approach to her schooling and her studies. She has had an extensive involvement with Farm Club and has shown cattle often at the local and interstate shows, such as the Canberra Show.

April is also committed to her community and attends the Anzac Day march annually. Stepping up to become a peer reader was an excellent choice for April who has relished the opportunity to take a leadership role and has even come back in Year 11 to continue this. April is a very worthy recipient of this award.









Jayda is a dedicated student with a particular talent in the creative arts and English area. Her creative writing has featured in an earlier addition of the Mercury to acclaim. She applies herself to her schooling with a mature and conscientious approach, involving herself in extracurricular activities enthusiastically.

Jayda has been a leader in Peer Support this year and is involved in the peer reading scheme. Additionally, she took a lead role in the covid affected Remembrance Day ceremony run at school in 2021. Jayda is a very worthy recipient of this award.

Evan is a solid student who shows commitment in the classroom, and to his school through his wearing of school uniform and compliant behaviour. Evan assisted in the concreting activity last year which has made a positive difference to the school. He makes worthwhile contributions to the learning in the classroom and is a worthy recipient of this award.

Brody is a bright and diligent student who applies himself to his learning with conscientiousness and determination. He is a naturally academic student who excels in the field of creative writing in particular, and his writing has been published to acclaim in a previous edition of the Mercury.

Brody involved himself in Peer Support training where he demonstrated an intuitive understanding of the elements of the positive experience the program can make to a school. Brody makes a valuable contribution to the life of the school through his involvement with the lighting and sound in the hall for presentations and assemblies. As a model student, Brody is a worthy recipient of this award.

Talai is an enthusiastic student who always applies herself to her learning in and outside of the classroom with diligence. She has an inquiring mind and is conscientious in the pursuit of understanding. She has shown a particular talent in peer support as the organiser of her group, taking a leadership role in that area. She is also a keen creative arts student.

Talai puts her hand up to be involved in every opportunity that presents itself, including becoming a peer reader. Talai, as a dedicated student is a worthy recipient of this award.











Congratulations

**Congratulations** to Annie Coulton and Lachlan Campbell for achieving Double Purple level.

**Congratulations** to Evie Giddings and Shelby Wirth for achieving Blue level.



New SSO for MHS

Hi Everyone,

My name is Leish Cotter and I am the new Student Support Officer at MHS. I grew up in Harden and completed my schooling at both Murrumburrah Public School and Murrumburrah High School and still live close by with my husband and daughter.

My previous role was working as a Mental Health Support worker, providing psychosocial supports to those in the community experiencing mental health issues and to those who were experiencing crisis situations. This role was very rewarding and allowed me to help so many people within the community.

I am very excited for a new challenge here at MHS and look forward to supporting students with their wellbeing and any concerns they may have. I will be available at school Monday to Friday for students to reach out when needed.

I am hoping to pick up where Sarah left off and continue the wonderful work she was doing with students.

My role will be temporary until the end of the year, where it will then go to a permanent position for next year.

Please feel free to reach out to me at any time via email Aliesha.Cotter@det.nsw.edu.au or by contacting the school.



Leish Cotter Student Support Officer (SSO)

HDEF Trivia Night

A big thank you to the Harden District Education Foundation (HDEF) from these past and present students who have been or are currently being assisted by HDEF. The Trivia night raised a whopping \$13,500!!

We are so fortunate to have such a wonderful organisation that provides much needed financial assistance and support to our local youth to help them achieve their post high school education and training.

Grants are available to local youth who have lived and/or attended school in the region for the majority of their high school years. For more information check out their Facebook page.



#### Back Row

Oscar Forsyth Jed Hodson

- Bachelor of Health and Rehabilitation Science CSU Macquarie University
- Engineering in Robotics and Artificial Intelligence University Canberra and employed at Commonwealth Government Department of Defence
- Diploma of Agriculture TAFE Wagga

#### Front Row

Rory Fogg

Beau Abnett	- School Captain at MHS, assisted with his plumbing apprenticeship MHS
Deanna Minogue	- Bachelor of Nursing - CSU Wagga
Chloe Wade	- School Captain at MHS
Amity Sheargold	- Bachelor of Veterinary Technology - CSU Wagga

#### **Mrs Charlotte Middleton**





Some of the fantastic costumes worn by our teachers and students... a fantastic night had by all!

Captains' Corner

This term SRC have been communicating with our peers to create fun and intriguing fundraising ideas. SRC are pushing for ideas to be approved in the frequent executive meetings and hope to have an uplifting fundraiser or event happening before the end of Term 2.

Please continue to share your concerns and ideas with your stage representatives in year meetings and if you see us around. SRC cannot put on great fundraising days without the students' involvement and excitement. There is lots more to come from SRC for the rest of Term 2 and heading into Term 3.

Beau & Chloe School Captains

Outward Bound

Week 3 saw 18 students from Years 10 and 11 take on the Outward Bound adventure challenge for 7 days in Tharwa, ACT. The challenges began from the very first day with students taking themselves away from their devices to fill hiking packs with food, clothes, bivvy shelters and cooking equipment.

The rain began from the first morning while completing an abseiling activity then continued right throughout the week, the rain, 6am wakeups and having the responsibility of cooking and cleaning really stretched their comfort zones and made many appreciate the life they live with their families.

The group was also responsible for hiking and navigating between each campsite and activity. As students arrived at a new campsite. Duty groups were established and finding sticks to set up camp was always the priority. It was impressive to see students helping and encouraging each other as they moved up mountains, through water crossings and over fences. Stopping along the way to snack on the famous Outward Bound 'birdseed' and scroggin.

As the rain lifted later in the week, so did their spirits. Students were able to appreciate the break in weather and enjoy activities like high ropes, giant swing, solo and a 'tied lunch'.

Each student should be proud of the way they worked together and took on responsibilities and challenges that came their way. A huge thanks to Charlotte Middleton and the Harden District Education Foundation for their commitment and support of such a worthwhile program for the students at Murrumburrah High.

We would be happy to hear from families who would like to share any stories, observations, or feedback of the program and/or of their children after returning home. We are committed to offering this to students in the future and your feedback will be highly valued.

Please email murrumburr-h.school@det.nsw.edu.au or adrian.priem1@det.nsw.edu.au

Much appreciated,

#### Adrian Priem, PD/H/PE Teacher





Outward Bound

#### Stories from some of our students

Going to Outward Bound really changed my outlook on life, seriously. Getting smacked in the face with a billy can really mixes something up inside. As hard as it was, the teamwork we ended up creating was amazing. I really needed the change of scenery; it was an interesting experience where I really learnt a lot about myself. I'm grateful for having the opportunity to go. Huge thanks to Violet and Jenny for dealing with the crazy bunch we are.

Jayda Kelly

I learnt how to push through pain. It was raining for 3 days straight but we pushed through to get to the next campsite. It was a thrill to learn more new things about people, I loved it and would do it again. **Joe Cracknell** 

Outward bound was a very challenging and fun experience but to be honest I didn't really want to go but I did it anyway and I actually thought I would hate it but it turned out alright <sup>(C)</sup> I was doing something I had never done before. On camp, I wanted to cut an onion because I wanted to see if onions make me cry but it never did, so onions making you cry is a scam. **Tristan Steele** 

Going to Outward Bound was one of the best decisions that I have ever made. The team work we created whilst camping and hiking was pretty amazing. Watching Mr Priem fall over in a ditch was one of the top highlights of the trip. Being able to do high ropes and giant swing was a really big achievement for me. I am thankful to Violet, Jenny and Mr Priem for having to put up with us for the 7 days. **Talai Vasguez** 

Outward Bound was a harrowing experience, full of strenuous and onerous times with many people yelling at each other and causing a commotion. I think this was because of the prolonged rainy weather, with the cascade of rain falling, many wanted to capitulate and go home. Out of the whole experience the best part was the squabble between classmates made even more amusing by the long duration and arduous time spent at Outward bound. **Brody Steele** 

#### My Outward Bound experience was one I will never forget, the whole week was filled with challenges and discomfort but it was a challenge that helped change me and made me step out of my comfort zone. The rain was a mood changer and it did begin to ruin the experience for me but once the sun came out it made me see that I was 'over-reacting' and that this is actually something I'm glad I took part in. I am so thankful that the Harden District Education Foundation put toward so much money and effort to allow us to take part in this life changing experience.

**Regan Manton** 













More photos can be viewed online via the schools website.



School Cross Country

On Thursday 26th May, MHS hosted the Southern Slopes Zone Cross Country carnival. As we could not hold our school carnival when we had planned, we incorporated it into the Zone Carnival.

It was a sensational day for cross country. We started off with Welcome to Country and Acknowledgement of National Sorry Day presented by Beau Abnett which was such a beautiful way to start the day. Thank you to Mitch Summerfield for helping put that together.

Congratulations to the following students who gained places for our "school" event.

MHS School Cross Country Results

16 Girls – Jeanie Drew - 1st

- 14 Girls Mia Hocking 1st, Matilda Cranny 2nd, Charlene Caboral 3rd
- 13 Girls Hannah Guy 1st, Shelby Wirth 2nd, Ruby Griffiths 3rd, Katelyn McMillan 4th and Shari Arabin - 5th
- 12 Girls Jazmin Drew 1st, Olivia Challen 2nd Nia Raptis 3rd

18 Boys – Beau Abnett - 1st

16 Boys – John Drew - 1st

- 15 Boys Jack Trethowan 1st, Jakoby Mounsey 2nd, B-Jay Skinner 3rd, Nic Young 4th and Leo Auld - 5th
- 13 Boys Sam Manwaring 1st, Lewis Shea 2nd and Landen Vasquez 3rd



Zone Cross Country

Congratulations to the following students who placed in the Zone carnival and successfully made it onto the Riverina Carnival which will be held in Gundagai on Friday 17th June.

#### Southern Slopes Zone Cross Country Results

- 15 Girls Jeanie Drew 2nd
- 13 Girls Hannah Guy 5th, Shelby Wirth 6th and Ruby Griffiths 7th
- 12 Girls Jazmin Drew 3rd and Olivia Challen 5th
- 18 Boys Beau Abnett 2nd
- 16 Boys John Drew 1st
- 15 Boys Jack Trethowan 4th, Jakoby Mounsey 7th and B-Jay Skinner 8th
- 13 Boys Sam Manwaring 1st

Thank you to Mrs Hyland and her student helpers for running an amazing canteen and a big thank you to staff and student helpers out on the track! Everyone's contribution made for a seamless carnival. We cannot wait to hear how our students go at the upcoming Riverina Carnival in a few weeks' time.



Literacy development

As part of the MHS Stage 4 and 5 literacy strategy all students are working on the Lexia Powerup literacy program. This program is aimed at improving the literacy of high school students across all ranges of abilities.

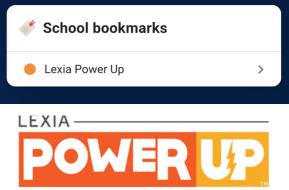
All students complete a placement test to ensure they are working at their level. This targeted, personalized instruction prepares students to comprehend and engage with complex texts across a range of genres by focusing on: Word Study, Grammar, and Comprehension.

Students are monitoring their progress at school but can demonstrate this to parents and carers by accessing their program from the main page. Grammar and vocabulary are areas of weakness for most students and these skills are particularly important for their writing.

Our aim is that all students complete at least 25 minutes in class once a week. However, we believe students really benefit by completing 3 sessions a week and therefore they are encouraged to do sessions at home. Students will be awarded merits for their efforts both at school and at home, as part of our school merit system.

Students have been given the login details for using Powerup at home. There is now also a link on their student portal (see photo). Students also will need my email charlotte.middleton@det.nsw.edu to login. Please note there is an app available for an iPad.





LITERACY

Helk

Thank you to all of the students that helped out at the Murrumburrah Public School Athletics Carnival.





CCHS Girls Soccer Knockout

On Monday 23rd May, Mrs Spencer and the MHS girls' soccer team made the long journey to Leeton to take on the Narrandera High School girls in the Semi-Finals of the CHS Knockout.

The weather was perfect, and the field was in mint condition. Unfortunately, we had few players recovering from illnesses, but they still dug deep and did the school proud.

It was a very close game against a very enthusiastic and loud Narrandera side. In the first half, Narrandera scored 3 goals and Jade Emms scored 2 magnificent goals from outside the box. This gave us a score of 3 -2 at half time.

The second half proved to be our hardest half. Brooke Emms scored early in the first half, bringing the score to 3 - 3. With a few rough calls from the referee and pure exhaustion from our girls Narrandera managed to get in a late goal. With not enough time left on the clock we went down 4 - 3 in the end.

We are so very proud of our girls and congratulate them on making it so far through the comp! Mrs Ali Spencer - PDHPE Teacher



### Trust Your Team

After watching Remember the Titans with Mr Phillips Jnr and Snr, we discussed the themes of racism and bigotry in the film.

We talked about how sport can bring people together and breaks down the barrier and that in a team we can achieve great things.

We then had a go at making human tables by trusting and supporting our team mates.

Mr Ben Phillips, Hospitality and Maths Teacher



Food Technology

Stage 4 Food and Ag students have been preparing the garden beds to plant their winter crops

Stage 5 Food Technology students have been looking at functional properties of food. They made lemon meringue pies and eggs benedict to create examples of Aeration, Coagulation, Caramelisation, Dextrinisation, Gelatinisation and Emulsification.

Stage 6 Hospitality Students have also been developing their cookery skills this semester making pot sticker dumpling, soups, noodles and pasta and eggs benedict and lemon meringues to name a few.



# Driver Training Simulator

Recently students from Year 10, 11 & 12 were given the opportunity to experience a Driver Training Simulator as part of their PDHPE and Life Ready studies thanks to Young Rotary Club.

Research has found that multi-screened driving simulators like the one available can play an important role in improving safety on our roads. There are 4 Levels including Vehicle Control, Traffic Participation, special Circumstances and Safety Awareness.

Our students experienced the effects of alcohol consumption and mobile phone use on driving.

Thanks go to Frank and Di Lincoln and Barry Wooldridge for their assistance with the program.



Ms Lee Hyland Deputy Principal

### Vear 12 Advanced English

Year 12 Advanced English have just started studying Jane Austen's novel Emma. This novel is set in Regency England and is often described as a novel of manners.

To help create a memorable introduction to the study, Ms Beck hosted a Jane Austen afternoon tea party. Regarded as a special treat in Regency England, hot chocolate was a favourite of the period, and a favourite of the class so this was served instead of tea.

While not strictly a Regency England favourite, macarons have become associated with Jane Austen's world through the recent movie version of Emma, so they held centre stage on the tea table. For some, this was a first-time experience of the taste sensation that is a macaron. The flavours included chocolate violet, strawberry, vanilla and peppermint.

They were delicious! A shout out to Mr Ben Phillips and Sam Emms for the hot chocolate. A huge thank you also to Nerida Beal for the set up! The table looked beautiful!







adim

Year 10 students are undertaking the TAFE Peer Literacy Tutoring certificate, which teaches them the skills to work with Year 7 students improving their reading practice. Year 10 students pair up with Year 7 students three times per week to work through texts of their own choosing. The program has an outstanding record of success in enhancing junior students' reading levels.







Ms Adrienne Beck - HT English/ HSIE/ CAPA/LOTE/LIBRARY/LaST



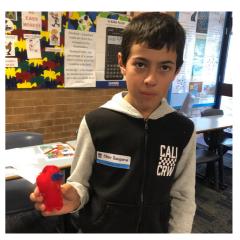


The very talented Oscar Phillis put together this beautiful table during his time in Industrial Technology class.

Well done Oscar!

Genius Hour

Some examples of the activities held in the recent Genius hour which involved Year 6 students from our feeder schools.









Coin Challenge

Do you think you are up to the challenge? Or better yet, can you do better?

The talented Isabella Hardy managed to pull off this amazing balancing act through the week.





#### IVY 5's progress with the Rotary Community Garden

Harden's local Rotary branch have initiated a marvellous community garden located between the old tennis courts and the petrol station. The garden is maintained by Rotary members and volunteers from the wider community. It is open and accessible to all residents of the local area. Rotary members have commissioned raised garden beds planted with a wide range of vegetables. There is also seating and a sensory garden featured raised garden beds containing plants for sight, sound, smell and taste. Alongside this is a sensory walk and a sensory board.

IVY 5 students are volunteering their time on Tuesdays during IVY to contribute to the maintenance of the area and the garden beds. We are involving ourselves in odd jobs such as watering the plants, collecting items for the sensory boards, clearing detritus, designing artwork, and keeping the space clean. Some students have volunteered their time out of school with brief visits.

By providing access to fresh organic produce, opportunities for physical activity, contact with nature, and neighbourhood meeting places, these gardens promote physical and mental health in communities with diverse residents" http://soac.fbe.unsw.edu.au/2007/SOAC/theroleofcommunitygardens.pdf

#### Lauren Masson - Teacher-Librarian/Stage 6 Adviser



Every Tuesday, we head down to the community gardens next to the old tennis courts. The community gardens are where anyone in the community can come and visit the beautiful area. There are lots of sensory activities for kids and there are healthy plants for everyone to admire. It is open to the public, so you can come in and enjoy the amazing area that has been created - **Nia Raptis - Year 7 Student** 



## 20 Days of Happiness

20 Days of Happiness Challenge!
Starts MONDAY 30 MAY 2022.
Each day we will be posting the days challenge along with the prize to win. All the challenges are a small action every day that brings happiness to your life.

•All you need to do is complete the challenge and send us a pic of you doing so by 9am the next day to go in the draw to win the days prize.

•Each morning we will be announcing the winner of the previous days prize that has been kindly donated to us by a business/member of the community.

•There are more than 20 prizes/gift vouchers up for grabs so follow us now!!

\*\*You must be under 25 and live in the Hilltops area to enter!



Zone Athletics Carnival @ Temora - Monday 6 June

Important Dates for Term 2

Uni of Wollongong Excursion - Monday 6 June and Tuesday 7 June

Public Holiday - Monday 13 June

Stage 4 Excursion Canberra - Wednesday 15 June

Regional Cross Country @ Gundagai - Friday 17 June

P & C Meeting - Monday 20 June - all welcome

Preparing our students for tomorrrow's challenges through learning

search

#### Murrumburrah High School

Principal: Mr Dale Rands

Smith Street Harden NSW 2587

02 6386 2755

murrumburrh.school@det.nsw.edu.au

### MHS Uniform Stockist - 180 Embroidery

Website: <u>https://180embroidery.com</u> Contact: Beth Allen Telephone: 0435 873 420 Email: embroidery180@yahoo.com Location: 1 Derby Street, Harden Deliveries to the High School available.



#### Famous Singers with One Name U Ν Α S н Α G G Υ D L Ε Т F MADONNA DIDO Α Υ Ε В В Α Ι С Ε Ν Α н 0 L ENYA PITBULL Υ Ζ Ζ R S Υ Α Ε Ρ Ν Α В 0 Μ AALIYAH AKON Ε 0 Ι Ε S Α Ν Ν 0 D Α Ν Ν Μ BONO S Ε Ε т Α В D Ρ Ι В U L L 0 USHER MOBY Ε В L Μ Ι Α Ζ Ε D D D Ν Ν D YAZZ DUFFY S Α Α Α Ε U н U 0 L Ν Ε Ν D EMINEM Α В 0 Μ Ι L В F Ε Α 0 Υ Ε L ADELE BEYONCE Ε Ε Ι Ρ F Ι Ι Ε D R Ε κ Α L SEAL TIMBALAND Υ Υ S F Υ Α Ν С Ν Α Ι Α 0 н SHAGGY STING Α F Α Υ 0 Ι Α Α т Ι F Ν D В LUDACRIS L G н Υ Μ Ν Ν Μ D н D D Ε В TIFFANY Ι С L Ε U Ζ Ν Ν D R Ε н S U S т Ε L Ν Ι Υ т Ι Ν G Ν L L

### Unwell or have COVID?

Close Contacts

Close contacts are now permitted to attend school under the following conditions as per NSW Health guidelines;

- You must notify the school if you are a close contact.
- You must conduct a daily RAT and return a negative result each morning before attending school for 5 days.
- You must wear a face mask indoors except when eating or exercising.

Remember: Students cannot attend school if they are showing any symptoms of COVID-19 or have tested positive for COVID-19.

Close contacts will be provided with RAT kits to take home or can be picked up from the school.