#### MURRUMBURRAH HIGH SCHOOL

PRINCIPAL: MR DALE RANDS

# Mercury



#### Term 1

- Year 7 Welcome BBQ Tuesday 9 March
- Soccer Trials
   Tuesday 9 March
- P&C AGM Monday 29 March
- Parent/Teacher
   Interviews
   Tuesday 30 March
- Athletics Carnival Thursday 1 April

Mercury 5 March 2021



# Congratulations!!!

# School break times

Monday, Tuesday, Thursday & Friday 11.25am to 11.55am 1.55pm to 2.25pm

Wednesday 11.05am to 11.35am 1.35pm to 2.05pm Congratulations to Aiden Hill and Sam Manwaring who have been selected to represent at the 2021 NSWCHS Swimming State Championships at Sydney Olympic Park Aquatic Centre.

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#### \* Principal's Report \*

Welcome to the end of Week 6. To keep our newsletters full of student activities we decided late last year to stick with only 3 newsletters each term in Week 2, 6 and 10. I realise that our community loves to read these but they do take quite a while of office time to collate and having 3 a term with more in them is a better use of resources.

Since Week 2 students and staff have really got down to their learning/teaching routine and the school has been very settled. Due to an easing of restrictions around COVID-19 the school has been able to organise excursions again. This has delighted Mrs Young, who has been able to take students and cattle away for local shows. The students have loved being able to attend again and according to reports we again are doing quite well, even after a long absence in showing.

Mr Ben Phillips has joined the school for the rest of term as a second year University trainee teacher. My Phillips is a local from Cootamundra and is really enjoying his time at our great school. We all welcome Mr Phillips and hope we can teach him all that we know. He may even have a couple of tips for us...

I attended a meeting in Queanbeyan two weeks ago and got a chance to hear from our new Executive Director – Mark Barraket. He discussed a lot of things but was very pleased to now have the Yass Network as part of his operational area. At some stage Mr Barraket hopes to leave the city and get out for a visit to his new areas.

Murrumburrah High and Public school have started some initial combined executive meetings to start planning together for the benefit of all our students. Staff are looking forward to this partnership as it can only be of great benefit to us all. This planning will make up part of the new 2021- 2024 School Improvement Plan that I am currently stuck in front of my computer putting together. Students undertook a brief survey in IVY this week to provide me valuable information about what they want out of school and how we can help them in specific areas. I was very impressed with the answers given from across the school and to be very honest, surprised that no one had any silly ideas. Lots of constructive feedback from what is clearly a very mature, self-aware group of students. Well done MHS.

To finish this report off, I have decided that a few areas of reminder need to occur and I am asking for your support to help the students. The school introduced ID cards to make signing in and out easier for students and office staff when arriving late to school or needing to leave early. Unfortunately, many students forget to bring them. These cards MUST be brought to school at all times. Also, when students arrive late to school they should bring a note of explanation with them, or just a quick call from family to explain. The school spends a lot of time and money sending text messages and letters home which could be avoided with a call or a note. Please remind your students to remember to do this.

Thank you everyone and from next Monday COVID-19 restrictions are easing further in schools. Please check out the Department website for specifics, but basically there is not many restrictions left, we are even taking down our signs so that parents can now just pop in without calling etc. Carnivals are now opened up to spectators and we can even sing The National Anthem in the hall as a whole school again.....something we need to practise.

Mr Dale Rands Principal

#### \* Captains Corner \*

Recently our SRC have been planning various fundraising events to donate money to our local CanAssist. We had great success in our most recent fundraiser for Valentines Day, where students could buy roses for each other.

So far this year, we have had our swimming carnival where it was great for us as student leaders to see participation in school activities and support and cheer each other on.

One of our goals for this year is getting students to come forward to us with their ideas which will help us enhance more students.

Two of our SRC members Sam and Chloe have initiated the Hilltops Youth Action Group with a range of wellbeing challenges for students to participate in raising the awareness of their wellbeing activities. The Hilltops have a Facebook and Instagram page where students can register. There will be a free skate event on the 6th of March that students can register to have the opportunity to win a skateboard. The SRC looks forward to a close working relationship with this group.

Thank you *Amity & Jordan* 





#### = P&C News =

The P&C AGM has been scheduled for Monday 29 March at 6pm in the Staff Common Room. All welcome and encouraged to attend.

ANNUAL GENERAL MEETING

# Year 7 and Family BBO— Tuesday 9 March 2021

Year 7 parents/carers and their students are invited to come along to our Year 7 BBQ.

Please join us to enjoy: A sausage sizzle and a tour of the school and the opportunity to talk with other parents and staff.

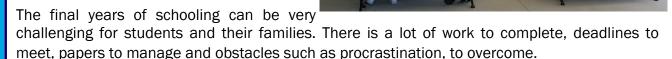
When: Tuesday 9 March
Time: 5pm

Where: We will be meeting in the school courtyard

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## Year 11 Study Day ?

Year 11 students from Murrumburrah High School and Boroowa Central School participated in an introduction to the senior school years day on Wednesday 17<sup>th</sup> February.



Research has shown the best results for the final year come making a commitment and completing 2-3 hours school work per night. Many students will find they need to re-assess their level of involvement in outside activities this year such as sport, part-time jobs and social commitments, including their social media time. Of course, it is important that students still take the time for relaxation and to enjoy their interests. The more activities they do though, the more organised and effective they need to be in their time management. In order to still play sport, maybe work one or two shifts in a part-time job capacity and go out with friends once a week, students will need to be efficiently using all the rest of the time available to them. Even the most organised of students would probably need to put most activities on hold prior to the examination periods.

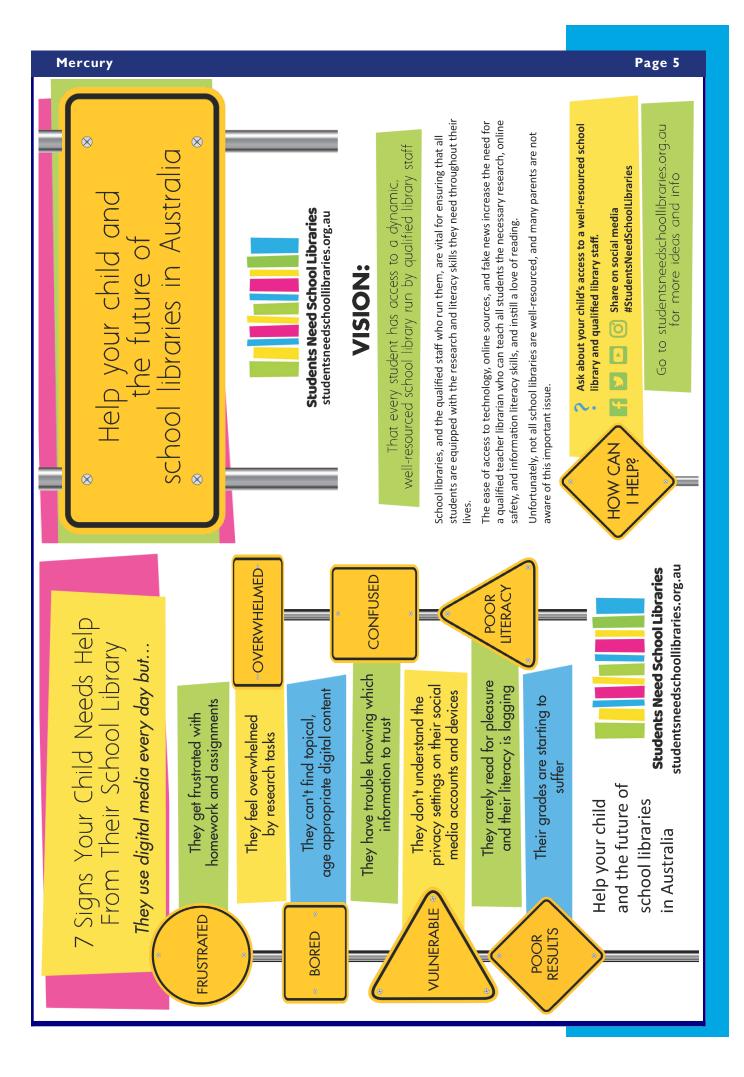
Alongside the skills in time management are those of studying. There is no hard and fast method that suits everyone however there are many strategies that students can be exposed to which they can then adapt to their chosen methods.

One of the ways MHS and BCS are helping their students develop time management skills and studying skills is by providing them with a day dedicated to introducing these strategies. There were 23 students who benefitted from seminars on career advice, the role of the Careers Adviser, applying for university, the assessment schedule and the importance of assessment tasks, registering for study skills platforms such as The Art of Smart, being introduced to a range of study skills and time management techniques. All participating students received workbooks on these last two important topics to assist them through the demands of the preliminary and HSC courses.

Participants had the day fully catered for by Ms Rosie Hetherington, the Canteen Manager from MHS. The catering was superb with meals for both recess and lunch based on student's menu choices. The food was delicious and students awarded the service a 5/5.

Students submitted an evaluation of the various presentations. All 6 of these topics generally received approval ratings of 4/5 to 5/5 indicating that the participants found the topics useful and relevant.

Staff and students recognise the support from Mr Andrew Dillon and the staff at the Rural South West Fire Headquarters in welcoming us and providing us with full use of their excellent facilities. The students were presented with a brief tour of the facility alongside an informative talk on the role of the staff at headquarters and the resources used by our brave volunteers and members of the NSW Fire Service who frequently risk their own lives to keep Australia and Australians safe from fires.



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## Swimming Carnival :

Murrumburrah High School enjoyed perfect conditions for the 2021 Swimming Carnival which was held on Thursday 11th February.

This year we introduced the "Lizard Lane" which is a dedicated lane where students can jump in and complete a lap of the pool to gain points for their house. This was a great success and got students who would otherwise sit on the side, getting in and participating.

The day was action-pack with many novelty events, some really close races and some incredible results! One student in particular, 12-Year-old Sam Manwaring, broke not 1 but 8 records, meaning he broke the record for every event he participated in. 50m Free, 50m Fly, 50m Back, 50m Breast, 100m Free, 100m Fly, 100m Back and 100m Breast.

Age Campions from the day;
Junior Boy (12/13 yr) – Sam Manwaring
Junior Girl (12/13yr) – Annie Coulton
Intermediate Boy (14/15yr) – Rory Arabin
Intermediate Girl (14/15yr) – Brooke Emms
Senior Boy (16+) – Tom Ings
Senior Girl (16+) – Samantha Emms

We had a number of students represent at the Zone Swimming Carnival in Cootamundra, with 5 making it to the next level, Sam Manwaring performed particularly well once again, winning every event. The other students who made it to Riverina are Brooke Emms, Jade Emms, Regan Manton and Aiden Hill. We wish all of those students the best of luck!

Mrs Ali Spencer - PDHPE Teacher



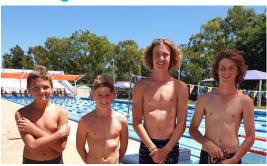
# \* Swimming Carnival \*



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## District Swimming Carnival =



















#### \* Riverina Swimming Carnival \*

Congratulation to Sam Manwaring and Aiden Hill who have made it on to the State Carnival in Sydney. Sam competed exceptionally well at the Riverina Carnival and has made it to State for the following events—100m Freestyle, 100m Backstroke, 100m Breaststroke, 100m Butterfly and 50m Freestyle. Sam won all of his events and we look forward to seeing what results he can come away with after the carnival in Sydney. Aiden Hill has the opportunity to compete at the State Carnival in the 16 Boys 50m Freestyle. An excellent achievement in that age group as the times were outstanding.

Well done boys and god luck in Sydney.

Mrs Ali Spencer PDHPE Teacher

### = 2021 South West Open Girls League Tag =

On Tuesday 23rd February Mrs Spencer and 13 Murrumburrah High girls travelled to Young to compete in the South West Open Girls League Tag Gala Day. The girls had put in a few training sessions prior to the day and were feeling confident with their plays and their ability to work together as a team.

The girls were up against Boorowa Central School in their first game and won 8 - 4, with Coralie Vasquez and Sam Emms scoring tries. Hunter Ings, Hayley Hambrook, Jade Emms and Jasmine Chesworth worked hard in the middle taking plenty of tags and setting up various plays.

The girls were then up against Hennessey Catholic College #1. They were nervous about this game, as the Hennessey girls have always proved to be strong. Murrumburrah held Hennessey out and came away with a 12 – 0 win. Jasmin Chesworth scored a try as well as Hunter Ings who got 2 tries over the line.

Winning both their games put Murrumburrah into the finals where they were up against Hennessey #2. This was the strongest of the Hennessey teams and took advantage of the tired Murrumburrah defensive line. Hennessey defeated Murrumburrah 20 – 4 with Jade Emms scoring a magnificent try.

The results of the day put Murrumburrah in the top two and they have made it to the Finals which will be held in Wagga Wagga on Friday 19th March.

We have competed in this Gala Day over the last 5 years and this is the best result we've had so far!

Well done on such a great effort girls! Your grit, determination and teamwork showed what a great team you are!

Mrs Ali Spencer PDHPE Teacher





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# \* Stage 6 Hospitality \*

Stage 6 students were busy in the kitchen last week making Hummingbird muffins and Parmi Chicken with precision cut vegetables. They had the help from our Prac Teacher Ben Phillips who is a trained chef.



















#### · Book work success ·

In 2021 students are being encouraged to pay close attention to their bookwork and the presentation of their work. We know that great bookwork leads to great learning. Even in this time when we use technology so much, bookwork continues to be important. Organisational skills are supported and promoted, and it helps with the retrieval of information as needed.



While it is true students will use computers in their learning, books will still be required. Having well organised books complements well organised digital files, and students are encouraged to pay attention to both. Additionally, Stage 4 students are working on refining their handwriting skills as handwriting has been identified as an indicator of success, and while ever the HSC exam remains a handwritten exam, handwriting and bookwork will remain a priority and focus of learning.

Mrs Ali Spencer PDHPE Teacher

## Congratulations

Congratulations to Beau Ferry, Rory Arabin, Kayla Schulz and Trae Ronning who received their Purple Level Certificates at this weeks assembly.



### Stage 5 English =

Stage 5 English enjoying the sunshine and reading 'Of Mice and Men' in the courtyard.





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## - School Industry Site Visit -

The Metal and Engineering Technologies industry site visit was completed recently by students to work on their industry studies assignment. Local businesses generously provided their workplace and time for our students.

The students visited ABC Sheds in Young, which our students visited last year and two businesses in Cootamundra—South West Aviation and Spinifex Welding.

#### Mr Rob McBride



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#### Farm Club &

Gundagai Show was held on the 20<sup>th</sup> of February. Murrumburrah High School travelled down with 14 students and 7 head of cattle. The students prepared stud animals for the ring and exhibited their Salers heifer Lady in Red. A French breed that the students are exhibiting to keep those rarer breeds in the show ring. The students also exhibited some of their Shorthorn stud with QT, the heifer in the ring and the young bull Qudo taking out champion male in the Shorthorn breed.

The students also exhibited their Limousin heifer Birubi Periwinkle. All students took to the ring for the paraders competition and performed well in their first show for many months of missed events.

The school would like to send thanks to truck driver Dave Young who took the wheel of the Alcorn's truck for the day. Tremendous thanks goes to the Alcorn family for the loan which saved the Farm Club a lot of expense while we concentrate on heifers in the show ring.

Canberra Royal Show followed soon after on the Wednesday 24<sup>th</sup> February up until Saturday the 27<sup>th</sup> February. Once again we filled the truck with 6 head of cattle and 1 calf this time. With Dave Young again at the wheel, we left with ample time to arrive at Canberra for unloading and to prepare for parading in the afternoon. However we soon found out that things do not always run to plan.

A big thanks to Vanessa for needing a pit stop at Murrumbateman, which allowed Mrs Young and crew to be behind the truck when Dave made the fatal mistake of turning off the Slim Dusty tape in the truck. With that, the ghost of Bernie took over and with some attitude blew the hydraulic hose off the engine mount. The truck just stopped, luckily just after the guard rail at the beginning of the 70km zone heading out of Murrumbateman. Many phone calls later with some amazing assistance from the teacher at Coonamble High School, Mr Adam McCrae, we were able to back the two trucks together with assistance from police in the Highway Patrol. We then were able to offload cattle to the truck from Coonamble to continue the journey to the showgrounds. The students now had cattle to quickly prepare while Mrs Young had to beg forgiveness after Adam backed the truck onto a curb and blew his back tyre while unloading Murrumburrah's livestock.

Many trips later, Mrs Young was able to retrieve the remainder of the school feed off the truck while Dave waited patiently for Old Boy and ex Farm Club member BJ Prosser, Hilltops Diesel, to arrive on the scene to repair the truck on the side of the road. Dave finally got home at 6.45pm....Mrs Young has lost all her Brownie points.

Now the Canberra Show was underway and students performed well in the ring with Riley Arabin placing 4<sup>th</sup> in the 16-17 years Junior Judging competition. In the paraders competition Ellie Ward placing 4<sup>th</sup> and Vanessa Stone placing 5<sup>th</sup> in their age groups.

MHS Nancy and calf Rocco took out senior Champion Shorthorn female and the students Limousin heifer Birubi Periwinkle placed  $5^{th}$  in a big line up of heifers under 2 years.

#### Farm Club Continued >

Everyone was pleased when the truck arrived back in perfect working order to pick up the cattle which we were not able to load until 6.15pm. A long and eventful show was had by all.

Congratulations to all the students for your resilience. A big thanks to truck driver Dave and a massive thanks again to the Alcorn family for loaning us "Bernie" the truck. Thank you to Hilltops Diesel and BJ Prosser for getting us back on the road. The Farm Club would also like to thank Marg Campbell for coming along with us to support Mrs Young with the camping and cooking for our students. Mrs Young would also like to thank the Farm Club students for their perfect behaviour and willingness to get in and work through all those hiccups.

#### Mrs Jan Young









# \* SRC Report \*

Congratulations to the elected Student Representative Council for 2021.

Beau Abnett, Bonnie Abnett, Lilly Dare, John Drew, Brooke Emms, Jade Emms, Samantha Emms, Melanie O'Farrell, Kayla Schulz and Chloe Wade.





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### - Harden Soccer Club 2021 Registrations -

The Harden Soccer Club is looking forward to the 2021 season, and would like to advise all players that registrations are now up and running for the upcoming season.

Player registrations are done exclusively online through the new playfootball.com.au portal, the link to which can also be found on the Harden Soccer Club facebook page

For further information please do not hesitate to contact the club via it's Facebook page. All information regarding registration dates and other important 2021 season information can also be found on our Facebook page.

#### = NAPLAN =

The National Assessment Program—Literacy and Numeracy (NAPLAN) is a point in time assessment of literacy and numeracy skills that are essential for every child to progress through school and life. Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy.



Our school will be participating in NAPLAN Online between 11 and 21 May 2021.

In preparation for NAPLAN Online, our school will also be participating in practice tests between 22 March and 1 April. The practice test is a trial-run and key preparation activity for NAPLAN Online in May. It is not an assessment of student ability and the tests will not be marked.

Excessive preparation for NAPLAN Online is not recommended. Students can use the public demonstration site (http://www.nap.edu.au/online-assessment/public-demonstration-site) to familiarise themselves with the types of questions and tools available in the NAPLAN Online tests.

If you have any questions about NAPLAN Online, please contact the school.

#### Additional resources:

Public demonstration site

**NESA NAPLAN** website

NAP parent/carer support page

Watch a video that explains NAPLAN Online

Watch a video that explains tailored testing

MURRUMBURRAH HIGH SCHOOL

PRINCIPAL: MR DALE RANDS

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Phone: 02 6386 2755 E-mail: murrumburrh.school@det.nsw.edu.au Preparing our students for tomorrow's challenges through learning

#### Murrumburrah High School - Term 1, 2021

		Monday	Tuesday	Wednesday	Thursday	Friday	Sa t	Su n
March	7	8	9 Soccer Trials @ Wagga Year 7 BBQ	10	11	12	13	14
	8	15	16	17	18	19	20	21
	9	22	23	24	25	26	27	28
				YEAR 12 EXAMS				
April	1 0	29 P&C AGM	30 Parent Teacher Interviews	31	1 Athletics Carnival	2 Newsletter GOOD FRIDAY	3	4
		YEAR 12 EXAMS						

#### - Women & Health Clinics-

Are held at Young, Harden and Boorowa CHCs

To make an appointment to see a Women's Health Nurse please call the Community Care Intake Service on 1800 654 324.

Specific Programs/Services available

- Cervical Screening
- STI Screening
- Contraceptive Advice
- Breast Health Awareness
- Pregnancy Testing and Counselling and Referral
- Menopause and Pelvic Floor Education



https://murrumburr-h.schools.nsw.gov.au/