

MURRUMBURRAH  
HIGH SCHOOL

PRINCIPAL:  
MR DALE RANDS

# Mercury



Mercury

19 June 2020

## Week 9

- **Friday 26th June**  
Mufti Day

## Week 10

- **Friday 3 July**  
Last Day of Term



## Principal's Report

Welcome to the end of Week 8.

It has been a pleasure to walk around the school lately, pop in and talk to staff and students and see everyone getting on with their education. Some of the work being produced is really fantastic and the students should be proud.

As you may have heard via the media, we are expecting some changes to what activities we can undertake at school from next term. With the continued improvement of health conditions across the state, schools will be able to expand our range of normal daily events. Please take time to read the information included in this newsletter. It was emailed out to all families as well last week.

## *Principal's Report*

As seems to be the way at MHS over the last 12 months, we have continued to have lots of tradesman improving the school. In the last two weeks we have had the following occur:-

- New cricket nets installed and new rubber belt protection – thank you to our local Junior and Senior Cricket Clubs for donating funds to assist in making this happen. We really appreciate your help and look forward to when we can open up the school soon for community use again.
- The indoor junior student bathroom renovations undertaken by Armstrong's Plumbing have been finished and the tiling by Neville Holman is almost complete in the other outside bathrooms.
- DJ & M Howarth has painted the covered ramp walkways at the front of the school and will be returning over the holidays to clean up brickwork etc.
- Steve Rudd Building has almost finished the balcony renovations and Terry Bros will come over soon to install the new outdoor carpet – what a fantastic outdoor learning environment for students. Once complete we will purchase outdoor tables for lessons.
- The Hall kitchen also upgraded by Steve Rudd is now complete and the new electronic blinds are almost done. New stage curtains are on their way.
- James Tankard Concreting has been in this week and has poured the slab and driveway for the new shed that will house the school bus/car. Construction of the shed should begin by term's end by MA Steel.
- The Music Room and Technology Lab has had a major refurbishment completed by BFC Building Group.

Staff have been busy organising new lawn seed, topsoil etc for the front of the school entrance. A big thank you to Wal for his magical tractor work in digging up and mixing in some new top soil as well as levelling the site.

I really do enjoy my job and helping staff and students alike achieve their goals. Have a great weekend and to all our students, keep up the positive work in the classroom.

*Mr Dale Rands*  
*Principal*



## Captain's Corner

Well... we can say it's good to be back! It has been so good to get back into a comfortable rhythm, being allowed back at school and it's so good to see everyone socialising and catching up! A lot has changed with school based learning but everyone is taking it in their stride which is amazing and that is what MHS strives upon, working together and conquering challenges! Although it was a tough few weeks of online learning, we on behalf of the school, would like to thank the teachers and staff for all their hard work and taking the time to make it as easy as possible for us all!



We have great news, the SRC are back into action planning and operating around restrictions. We are planning days where the school can come together and unite for great causes and issues that surround our school based community and our local area so stay tuned.

*Abbey and Max*

## P&C News

Our Canteen Manager, Rosie is doing some amazing things in the canteen which seem to be keeping the students happy. Keep an eye out on our Facebook page for regular updates on new items to the canteen and the special for the Weekly Hunger Buster Combo.

P&C Meetings can resume at the beginning of Term 3. All attendees just have to sign the standard health agreement as they arrive and abide by the 4 metre square rule. The Staff Common Room where meetings are held can comfortably cater for 10 adults, whilst adhering to these guidelines. We will advise of the next meeting date ASAP.

*Sarah Rowan*  
*P&C President*

*P&C*  
*Update*

## SRC Report

The SRC are having its first fundraiser since being able to return to school. There will be a Mufti Day on Friday 26th of June. All students are asked to come dressed 'Through the Decades'. So bring on the flared pants and big hair! Students **must** be dressed appropriately! It will be a gold coin donation with all proceeds going to Mission Australia. We hope to see everyone dressed up and enjoying the day!

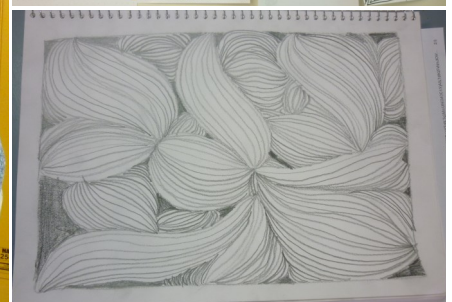
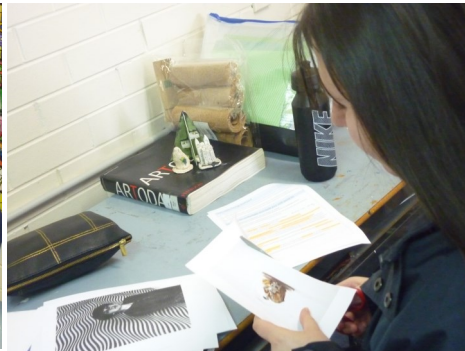
*Student Executive*





## Art - Stage 6

Year 11 Art students are researching and creating their own body art. They have been investigating symbols and identifying various techniques of line and form. They are using henna to apply designs of meaning and style.



Décollage, in art, is the opposite of collage; instead of an image being built up of all or parts of existing images, it is created by cutting, tearing away or otherwise removing, pieces of an original image. The French word "décollage" translates into English literally as "take-off" or "to become unglued" or "to become unstuck".

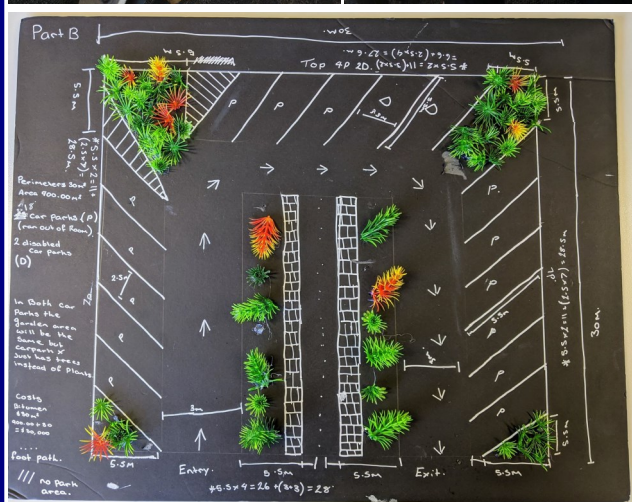
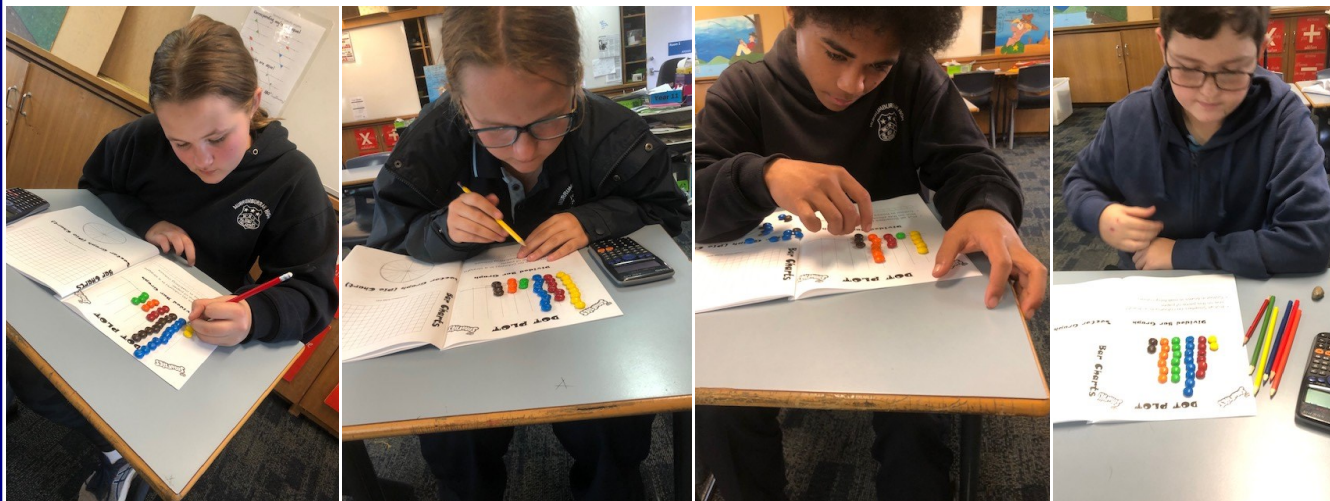
See two examples below by stage 6 visual design students.





# Maths

## Stage 4 Sigma



Gypsy Carney's assessment task for Stage 6 Standard Maths involved designing a car park on the school grounds for visitors, and calculating the number of car parks that could fit in the area and then working out the costs for the car park.

## Dance Group



## *Murrumburrah High School's new stud opportunity*

Murrumburrah High School has received 2 Salers heifers purchased from Gippsland Breeder, Peter and Jenny Gregory. This now brings the schools new Salers stud up to 3 registered head of females.

The school also has access to a young Salers bull which will be broken in and shown at local shows when we have the opportunity to show livestock again. Due to the nature of having a bull at school and the complications that this could cause, it has been decided that he will remain at Mrs Young's property at Bookham and come in to the shows when required. All three animals have excellent carcass characteristics and the plan is in the future to join our females to other breeds to breed a superior carcass quality steer.

The bull calf will be shown and raised and crossed over some of our cross bred heifers that will allow the students to see how a sire can influence the offspring in a number of different breeds. Students will also have the opportunity to have access to semen straws to produce a pure bred Salers calf if they wish from 1 or more of the heifers that they are showing. Mrs Young has also been asked to care for three older Salers cows into their old age at Bookham for Mr Gregory who is retiring into a town block. The school will have use of these cows genetics for some time as this breed is known for its longevity breeding well past 12-15 years of age successfully.

Salers are an ancient French breed of cattle raised for dual purpose meat and milk with a docile nature. They have been bred recently to produce a superior carcass animal with a moderate to late development pattern.

It is great for our students to interact with a lesser known breed of cattle to compare performance with breeds that are dominant in the area.

More show photos will appear in later issues when the students have the heifers broken in and cleaned up ready to parade. Many thanks go to Mr and Mrs Gregory for giving Murrumburrah High School students the opportunity to begin their own Salers stud.



The Young Salers Bull Calf



The Young Salers Heifers



## Stage 6 Agriculture

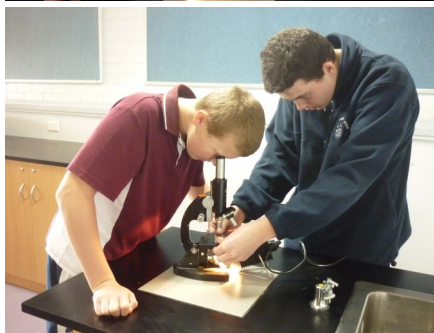
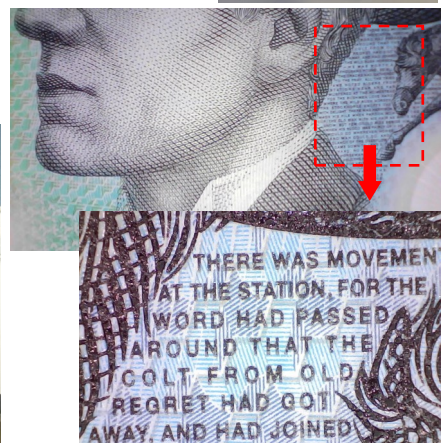
Year 11 and 12 Agriculture students have been busy this term completing their plant trials. Year 12 needed to look at the light requirements of oat crops to maximise productivity. Year 11 Agriculture looked at plant density and its effect on plant competition for essential resources such as light, moisture and nutrients. Both year groups have been busy writing up their results in a report style format ready to hand in as their assessment task.

Clearly, agriculture needs to look at the theoretical side of plant science as well as putting it into practice in valid experimental trials which utilise the factors of Standardisation, Replication, Randomisation and comparison to a Control. MHS students use the handy acronym SRRC as it is easy to remember given that our student voice body is named SRC...That is handy.



## Science - Stage 4

Stage 4 Science have been learning to use microscopes, including the school's digital microscopes which displays images on a computer screen. Whilst looking at a ten-dollar note magnified 200 times, students were interested to find the first verse of Banjo Paterson's "The Man from Snowy River" hidden in micro-printing next to his image. The reverse side also features an excerpt from Mary Gilmore's "No Foe shall Gather our Harvest".





## Food Technology / Hospitality

Students from all Stages have been busy the past two weeks making pizzas, pavlovas, carrot cake, muffins, spicy sausage rolls and more in the school's commercial kitchen.





## Click View



MHS school community now have access to the platform **ClickView**. **ClickView** is a video learning solution that both **teachers** and **students** can access.

**ClickView** is a cloud-based solution meaning it **can** be **accessed** at home and at school, anywhere, anytime. All the films, documentaries and clips on ClickView are educational in content with student access to the material based on age and rating restrictions.

Staff and students can log in directly via the **ClickView** site at -

<https://online.clickview.com.au/SignIn?returnUrl=https%3A%2F%2Fonline.clickview.com.au%2F>

by simply typing in the DET email and following the prompts to sign in **with my DoE account**.

Alternative points of entry are -

<https://www.clickview.com.au/>

[https://www.clickview.com.au/nswdoe/?utm\\_source=pdt&utm\\_medium=email&utm\\_campaign=DET%20NSW%20Onboarding](https://www.clickview.com.au/nswdoe/?utm_source=pdt&utm_medium=email&utm_campaign=DET%20NSW%20Onboarding)

Staff and students can also search **ClickView** content via **Oliver** -

# AROUND THE SCHOOL







Dear parents, guardians and carers

**Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)**

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines* (2019).

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy](https://www.education.gov.au/privacy-policy) (<https://www.education.gov.au/privacy-policy>).

Further information about the NCCD can be found on the [NCCD Portal](https://www.nccd.edu.au) (<https://www.nccd.edu.au>).

If you have any questions about the NCCD, please contact the school.

Kind regards

**Principal**



# Schools are safe and open for full time face-to-face learning

All schools are returning to full on-campus learning from Monday 25 May. All school activities and operations will be in line with Australian Health Protection Principal Committee (AHPPC) and NSW Health guidelines as applicable.

School students do not need to follow physical distancing guidelines, but should follow good hygiene practices like:

- Regularly washing hands
- Avoiding sharing drinks or food
- Coughing or sneezing into your elbow, or a tissue which should be discarded immediately.



## School attendance

All students should be at school unless:

- They have a medical certificate which states that they are unable to return to school due to an ongoing medical condition
- They are currently unwell.

Students who have a medical certificate to stay at home will be supported to learn from home in line with regular procedures if they are able to. These regular procedures are different to what was offered during the learning from home period. If you require work to be provided to your child whilst they are at home due to an underlying health condition, you should contact the school for assistance.

Please note, students who live with a family member in one of the categories identified as being at increased risk by the AHPPC, should attend school unless a medical practitioner advises otherwise in writing.

If your child is unwell, do not send them to school. If they are unwell at school you or your nominated emergency contact will need to collect them immediately. Please make sure your contact details are up to date.

If a student is absent without a medical reason for more than three days, this will be recorded as an unauthorised absence and followed up by the school.

If you need any support to get your child back to school, please contact your school.



## Reporting and assessment

Your child has been assessed during the learning from home period and will receive additional assessment on their return to school.

You will receive your child's semester 1 report before the end of August (week 6, Term 3).

This may be a simplified version of the report you normally receive. Schools are encouraged to discuss your child's progress with you before the written report is issued.





## School activities

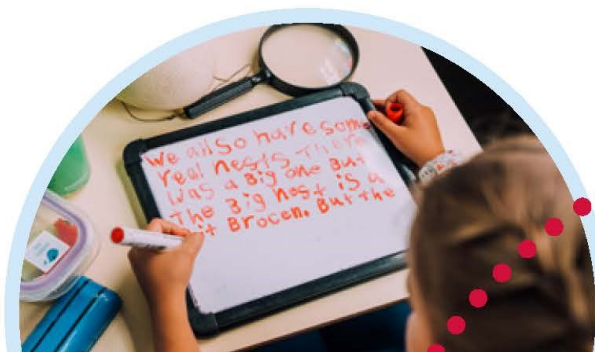
Teachers will continue to follow the same school curriculum with the exception of some activities that can't go ahead for now.

### What children can do:

- Use the school library
- Engage in non-contact sporting activities
- Year 11 and 12 students may attend classes/activities relating to subjects available on other campuses
- VET work placement for Year 12 students is able to proceed from 1 June 2020. Year 10 and 11 work-placement is able to proceed from Term 3 2020.
- School based apprenticeships and traineeships can recommence once the relevant workplaces are back in operation
- Trade Training Centres can operate on school sites.

### What students can't do:

- School assemblies (unless for critical information)
- School incursions and excursions including camps
- Work experience
- Inter-school activities (debating, inter-school sport)
- In-school activities requiring parent or other volunteers
- Use hydrotherapy pools
- Drink from a water bubbler – bring a water bottle instead
- Students cannot attend TAFE for study but may continue to learn online.



## School cleaning and hygiene supplies

Your school will receive additional cleaning in line with the AHPPC guidelines and advice from NSW Health. Targeted areas include high-touch areas and other hard surfaces, door handles, lockers, light switches and handrails in stairways and movement areas. There will also be additional cleaning of toilets and bubblers and topping up of supplies like soap.

Your school has received supplies of soap, hand sanitiser, toilet paper, paper towels, disinfectant wipes and personal protective equipment. The school is able to order more as needed.



## School grounds

There should be no visitors to school sites unless they are essential. Your school can provide guidance as to who is considered essential.

Your school will provide advice on drop off and pick up procedures.

Wherever possible, P&C and parent/carer/teacher meetings should be conducted virtually.

Canteens and uniform shops can open at the discretion of the principal.

Out of school hours care can continue to operate.

Community use of school facilities will recommence only for uses that are necessary for continuation of education and with principal's approval.



## Responding to COVID-19 cases

There is a clear plan in place for schools to respond to any suspected or confirmed cases of COVID-19 in our schools. We are working closely with NSW Health and will communicate with parents if a situation was to arise.



## Youth Aware of Mental Health

The Department of Education is working closely with Black Dog Institute to support the implementation of the Youth Aware of Mental Health (YAM) program. YAM has been delivered in four sites across NSW as part of the LifeSpan whole of community, evidence-based approach to suicide prevention. The program has also been made available by the Department in identified areas of the North Coast to support Commonwealth funded National Suicide Prevention trials.

### What is YAM?

YAM is a mental health program for young people aged 14 – 16 years. It is a universal program delivered by accredited instructors. YAM uses role play and lectures to promote increased discussion and knowledge about mental health as well as developing emotional intelligence and problem-solving skills. The Department is coordinating the delivery of YAM in NSW public schools.

### Is YAM evidenced based?

Yes. Black Dog Institute reviewed Australian and international school programs with the best evidence of reducing suicidal behaviour. Analysis of YAM shows significant improvements in youth mental health by effectively reducing depression, conduct

problems, hyperactivity, suicide attempts, severe suicidal ideation and suicide plans. It has also been shown to facilitate healthy lifestyle choices by young people. For more information see <https://www.blackdoginstitute.org.au/research/lifespan/lifespan-strategies-and-components/strategy-5>

### What year group is being targeted?

Stage 5 students (Year 9 and 10) will be the primary target for the YAM program. The program is designed to be delivered to groups of up to 30 students.

### YAM Themes and Structure

Week	Theme	Activities
Week 1	What is mental health? Self Help advice	Lecture and Role Play 2 x 45 - 60 minute sessions
Week 2	Stress and crisis Depression and suicidal thoughts	Role Play 2 x 45 – 60 minute sessions
Week 3	Helping a friend in need	Group dialogue (closure) and local support contacts 1 x 45 - 60 minute session





Education  
Public Schools

## Links to Wellbeing Framework for Schools

YAM supports the cognitive, emotional, social and physical wellbeing of students and can contribute to the school's planned approach to wellbeing.

## Implementation in schools

There are YAM coordinators working across the state. A preplanning meeting between the YAM coordinator and principal (or their nominee) is essential to support the implementation in each school. YAM is delivered by trained instructors who are employed by the Department. The trained instructors are external to the school. At each school, the YAM instructors will need to have a school contact person, preferably an executive staff member.

## What resources do students receive?

Students will be issued with a booklet to keep. The booklet outlines course content and includes a list of support services within the local area.

## How much will it cost?

There is no cost to schools or parents.

## What information and resources are available to assist the implementation of YAM?

The Department has a range of resources available including:

- **Sample permission notes:** these can be customised locally by each school.
- **Information flyers for parents and community:** the Department and Black Dog Institute have collaborated to supply information flyers for different audiences. A newsletter article will be given to the principal during the planning meeting.
- **Sample risk assessment:** A YAM risk assessment will be available to be adapted to the school context. The YAM coordinator will be available to assist the school.

## How will students at risk be supported?

Research has shown that YAM does not pose any increased risk for participating students, nor does it result in an increase in demand for mental health services. Mandatory reporting procedures, should this be required, will be followed by YAM instructors as departmental staff who will advise the principal of any student identified at risk of harm.

### For more information:

**Kim Harper:** Project Officer Student Wellbeing Initiatives

Email: kim.l.harper@det.nsw.edu.au

Phone: 0436 675 043

Student Engagement and Interagency Partnerships  
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Preparing our students for tomorrow's challenges through learning

## P&C News

Keep up to date with the MHS P&C through their Facebook page  
[https://www.facebook.com/Murrumburrah-High-School-PC-  
Association](https://www.facebook.com/Murrumburrah-High-School-PC-Association)

# Next Week's Hunger Buster Combo

(Includes a meal, fruit salad, homemade treat and a drink)



Spaghetti Bolognese

## Keep up to date with MHS



School Website - <https://murrumburr-h.schools.nsw.gov.au/> - To view newsletter, photos, events and more.



School Facebook Page - <https://www.facebook.com/murrumburrahhigh/>



Newsletter - The school newsletter is uploaded to the School website and Facebook



Parent Portal [murrumburrahhs.sentral.com.au](https://murrumburrahhs.sentral.com.au)



<https://murrumburr-h.schools.nsw.gov.au/>